



SPORTS TRAINER/FAO JOB DESCRIPTION

Responsibilities:

Sports Trainers &/or FAO's work in conjunction with the Coach and/or Sports Trainer/FAO Co-ordinator to ensure all players reach and maintain required fitness levels and ensure they have a safe, healthy and enjoyable training and playing environment.

Duties:

- Control the warm-up, cool-down and stretching drills for all players.
- Assist the coach to assess player injuries sustained during training and playing.
- Report all injury concerns to the coach and club Sports Trainer/FAO Coordinator.
- Liaise regularly with club's Sports Trainer/FAO Co-ordinator.
- Keep up to date with modern methods and techniques, especially in the area of the treatment, and rehabilitation, of injured players.
- Provide reports to the coach on player development and attitude.
- Ensure all players observe the rules in relation to head injuries.
- Ensure that all necessary team first aid equipment is available.
- Ensure the various equipment required by the team is available: for example, squeeze bottles and ice packs.
- Ensure that all health requirements are being observed for the treatment of players by the club's Sports Trainers/FAO's.
- Provide details of all player injuries to the club's Sports Trainer/FAO Coordinator.
- Hold appropriate qualifications and current accreditations at all times.

Notes:

ARL policy states that all official personnel over the age of 14 years, who enter the Field of Play to attend a player, must possess a Leaguesafe Certificate of Attendance or an accredited ARL First Aid Officers Certificate.

The ARL policy further states that the minimum qualification to act as an ARL First Aid Officer is FAO Level 1.